# One Foir THWe Runner <br> August 2013 

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$19 " \times 48 "$
It takes just one hour to cut and piece this table runner together! Unless of course you are running back and forth to the laundry room while you are doing this (stop that!).

Hint: Because you are working with bias edges, it's a good idea to handle the triangles gently. We like to use spray starch (Best Press) when pressing the fabric before cutting to give it that little extra stability.

Here's what you need:
6 fat quarters (or regular quarters work too) of different large scale multi-colored prints $11 / 2$ yards backing fabric, or a pieced back that is 22 " $\times 52$ "
22 " x 52 " batting of your choice
$1 / 4$ yard fabric for binding (assuming $21 / 4 "$ double fold binding)
Who's ready?


The simplest way to cut the fabric for this table runner is to use 6 fabrics; however, you may choose to use more if you like. As you can see from Diagram \#1, the triangles are running in different directions. There are 6 triangles with the diagonal pointing northeast (Diagram \#2) and there are 6 triangles with the diagonal point northwest (Diagram \#3).


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Diagram \#3

## Cutting:

Cut 6 rectangles 9 " $\times 21$ and crosscut them from bottom right to top left (Diagram \#2)
Cut 6 rectangles $9 " \times 21 "$ and cross cut them from bottom left to top right (Diagram \#3)
Lay out the triangles as per Diagram \#1.
Assembly:
Sew two triangles together to form each rectangle. Make six rectangles. Press seams open. Sew rectangles together to complete table runner.

Now seriously....that was pretty quick, right? Now for the quilting part of the project! (As longarmers, that's the part we think is pretty fun!) These small projects are a great way for you to practice your quilting techniques, or try out new patterns.

Once it's quilted, time for the binding. Use whatever size binding you like from 2" to 2 1/2." Cut 4 strips WOF for the binding. Use your favorite binding technique.

Now put it on your table and enjoy!


We would LOVE to see your finished project! Please send us a photo at our email address listed below so we may showcase it on our websites!

More free patterns will be available throughout the year from the team of Sheila Sinclair Snyder and Lisa Bee-Wilson. This pattern is intended for your personal use only. Items from this pattern may not be produced for commercial resale. All rights reserved. ©
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## Questions?

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[^0]:    Diagram \#2

